



# Your Way Around Newsletter

## YOUR WAY SUPPORT SERVICE UPDATE

**YWSS is officially 1 YEAR OLD!!!**

Thank you so much everyone for your continued support.

*In our first year we have been able to upgrade to a larger premises and open a second office. So far we have made a difference to over 60 people!!*

*I'm so grateful to each and every one of you.*

### Birthdays for the Month

If this is one of your amazing staff or clients make them feel special. We at YWSS wish you all an amazing Happy Birthday.

8th of June Dominique

14th of June Kahla

15th of June Judith

22nd of June Tricia

29th of June Janett

**NDIS will be rolling out in the Gold Coast Region on the 1st of July 2018**

and we are pleased to announce that we will be attending Gold Coast Disability Expo come and say HELLO!!! We will be in booth 58.

<https://www.goldcoastdisabilityexpo.com.au/>  
**You will need to register to get a ticket.**

The Gold Coast Event Centre  
Corner of Jim Griffiths Way & Racecourse Drive, Bundall QLD 4217

Friday 3rd & Saturday 4th August 2018, 9am - 3pm

•FREE ENTRY for all attendees

•a variety of exhibitors including disability service & product providers, government agencies, advocacy/consumer rights groups, charities and product providers covering every type of specialist care or support required.



•presentations and Q&A sessions from Government disability agencies and service providers

•kids entertainment

•live all-ability performances

•food trucks and cafe seating area

## FREE-WHEELING

### ABOUT THE FILM

Free-Wheeling is a short film about how a teenage boy's vulgar dare in a public toilet is unexpectedly interrupted and he is forced to confront the shame of his actions.

Free-Wheeling explores issues of peer pressure, displacement and the use & abuse of restrictive public spaces.

### CASTING

Female actor (age: 35+). PLEASE NOTE: We are only seeking actors with a disability.

One of the integral characters is a wheel chair user who has cerebral



palsy. Her presence is the catalyst for the shift in the narrative and the reason for the teenage boy to reflect on his predicament and correct his actions.

She is matter-of-fact but empathetic. The actor/character can be older/younger than this but should be female. Experience is not essential.

The two unlikely characters have a silent confrontation during the film's conclusion. There is no dialogue shared, only a powerful interaction.

### SHOOT DATE & LOCATION

July/August 2018 TBC. Sydney, Australia. Will be required for one day.

contact:Email:



[tony.radevski@gmail.com](mailto:tony.radevski@gmail.com)

Your Way Support Services was part of the Caboolture Neighbourhood Community Centre

Open Day on 22 May.

It was a wonderful day meeting people and local businesses in the community.

There was plenty of activity with face painting, sausage sizzle, entertainment, arts and craft and storytelling.

Trish really enjoyed talking with event goers and spreading the Your Way word

on how the service can provide



# Health & Harmony Expo



Health and Harmony Expo Presents



**ZEN fest**

Strathpine Community Centre  
 cnr Gympie rd & Mecklam St, Strathpine  
 16th-17th June 2018 - 9am - 4pm  
**FREE ENTRY**

Over 80 Stalls, Healers and Psychic Readers  
 Live Music ~ Great Food ~ Local Artisans

First 100 through the door each day, receive a FREE Goodie Bag!

Find us on Facebook  
[www.facebook.com/Zen.fest.oz/](http://www.facebook.com/Zen.fest.oz/)  
 or go to  
[www.healthandharmonyexpo.com.au/zenfest](http://www.healthandharmonyexpo.com.au/zenfest)



**CRYSTAL WORKSHOPS With KERRY**

16TH-17TH JUNE  
 Strathpine Community Hall

**Crystal Grid Workshop ~ 11AM SATURDAY**

- Understand what grids are
- Understand how Crystal grids work
- Make and take home a grid of your choosing



**Pendulum Workshop ~ 11AM SUNDAY**

- Learn how to use Pendulums
- Learn how to connect with your Pendulum
- Discover how your Pendulum communicates with you
- Experience some exercises using the Pendulum.
- Take home a pendulum to start work immediately



## DISCOVER AND LEARN

### Learn to Make Bone Broth

#### Improve Your Focus and Learning

Kinesiology expert, Molly Brumm, shows you how to improve your focus and your ability to learn at any age using energy techniques and Kinesiology.

Redcliffe Wed 6 Jun 1pm-2.30pm

Strathpine Sat 9 Jun 10.30am-12pm

Caboolture Mon 18 Jun 9.30am-11am



Discover the benefits of bone broth and learn to extract the goodness from bones to make

your own broth in this talk by Kerris from Fermented Betty.

North Lakes Sat 9 Jun 1pm-2pm

Bribie Island Thu 28 Jun 11am-12pm

#### Learn to Make Yoghurt



Kerris from Fermented Betty shows how easy it is to make your own dairy based yoghurt packed with extra probiotics.

Redcliffe Thu 14 Jun 1.30pm-2.30pm

#### Rewire Your Brain for Happiness

Venerable Drolkar, a Buddhist nun, shares simple, research-based exercises and meditation that can contribute to wellbeing, quality of life and happiness.

Bribie Island Mon 11 Jun 10am-11am

Strathpine Tue 19 Jun 10am-11am



# TECHNOLOGY

## Computers for Beginners

Learn basic computing, email and internet skills in this 4-week course. 2hrs.

Bribie Island Every Thu 2pm  
 Burpengary Every Tue 2pm  
 Caboolture Every Mon & Tue 9.30am  
 North Lakes Every Wed 10am  
 Redcliffe Every Thu 1pm  
 Woodford Every Thu 9.30am

## Discover eBooks & eAudiobooks

Discover the range of free eBooks and eAudiobooks and learn how to download them.

BYO device, tablet or smartphone. 2hrs.

Burpengary 2nd Wed of month 2pm  
 Redcliffe 3rd Tue of month  
 4th Friday month 2pm 9am

## Discover eMagazines

Learn how to browse, download and read free eMagazines from the library. BYO tablet or smartphone. 2hrs.

Burpengary 4th Wed of month 2pm



North Lakes 4th Tue of month 11am

Strathpine Thu 14 Jun 6.30pm 10am

## Discover the eLibrary

Get an overview of free eBooks, eAudiobooks and eMagazines available through the library. BYO device, tablet or smartphone. 2hrs.

Caboolture 2nd Sat of month 2pm

North Lakes 2nd Tue of month 11am  
 2nd Wed of month 2pm  
 Strathpine Sat 23 Jun 10am & 28 June 6.30pm.

## Introduction to Social Media

Learn how to connect with family and friends on Facebook, Twitter, Pinterest and more. 2hrs.

Caboolture 1st Wed of month 9.30am  
 North Lakes 4th Wed of month 2pm  
 Woodford 4th Wed of month 2pm

## Introduction to iPads

Learn the basics of using your Apple iPad, including apps, email and the internet. BYO iPad.

## Not suitable for Android tablet users. 2hrs.

Bribie Island 3rd Fri of month 1.30pm  
 Burpengary 1st Wed of month 2pm  
 Caboolture 4th Wed of month 10am  
 North Lakes 1st Tue of month 11am  
 Redcliffe 1st Fri of month 9am  
 1st Sat of month 2pm  
 3rd Sat of month 2pm  
 Strathpine Thu 21 Jun 6.30pm  
 Woodford 3rd Tue of month 2pm

## Introduction to Tablets

Learn the basics of using your Android tablet, including apps, email and the internet. BYO tablet.

## Not suitable for iPad users. 2hrs.

Bribie Island 4th Tue of month 1pm  
 Burpengary 3rd Wed of month 2pm  
 Caboolture 1st Thu of month  
 3rd Sat of month 2pm  
 North Lakes 1st Wed of month 2pm  
 Redcliffe 3rd Fri of month 9am

# LOCAL & FAMILY HISTORY

## Research Land Ownership

Kaye Nardella, Senior Curator at the Museum of Lands, Mapping and Surveying demonstrates resources available to unearth ownership of leasehold and freehold land in Queensland.

Strathpine Tue 26 Jun 10am-11am



## X Marks the Spot:

### Researching Cemeteries

Explore resources for discovering the graves of our ancestors. Helen Vince will examine online resources, providing practical tips and identifying traps for the unwary.

Strathpine Tue 12 Jun 10am-11am

Bribie Island Thu 14 Jun 11am-12pm

North Lakes Tue 26 Jun 11am-12pm

Redcliffe Fri 29 Jun 11am-12pm 11.30am





Date: 09 June 2018

Time: 11.00am

Location: Redcliffe Cultural Centre  
Downs Street, Redcliffe

Cost: Tickets \$17.00\*

\*\$2 online transaction fee applies.

You will need to book

Contact

Redcliffe Cultural Centre Box Office

Ph: (07) 3283 0407

More Information

•Redcliffe Cultural Centre

EVERYONE'S FAVOURITE THE AUSTRALIAN ARMY BAND WILL FILL THE REDCLIFFE CULTURAL CENTRE WITH THIS REMARKABLE SHOW, AN OLDIE BUT A GOODIE. ALL AGES ARE WELCOME TO ENJOY THE FABULOUS TALENT OF THIS EXCEPTIONAL AND LOVEABLE BAND. SINCE ITS FORMATION IN 1949, THE AUSTRALIAN ARMY BAND BRISBANE HAS BECOME KNOWN THROUGHOUT SOUTH EAST QUEENSLAND AS ONE OF THE FINEST MILITARY BANDS IN AUSTRALIA, ENJOYING A WIDE REPUTATION FOR ITS MUSICAL EXCELLENCE AND IMPRESSIVE MILITARY APPEARANCE. BOOK EARLY TO AVOID DISAPPOINTMENT.

DURATION: 1 HOUR 15 MINUTES NO INTERVAL (SUBJECT TO CHANGE WITHOUT NOTICE)

**The Beatlegs will take you on a journey through the eight-year height of the Beatles fame, including Beatlemania at its peak,**



**the *Shea Stadium* concert and the era of "*Sgt Peppers*". The Beatlegs have long been exciting audiences with multiple costume changes and superb harmonies. The brilliant harmonies and the vast line-up of hits will leave you wanting more. You will be dancing and reminiscing as they play hit after hit of those memorable Beatle classics!**

**Duration: 3 hours including interval (subject to change without notice)**

Date: 23 June 2018

Time: 7.30pm

Location: Redcliffe Cultural Centre  
Downs Street, Redcliffe

Cost: Tickets \$35.00\*

\*\$2.00 online transaction fee applies.

You will need to book

Contact

Redcliffe Cultural Centre  
Box Office

Ph: (07) 3283 0407

More Information

• Redcliffe Cultural Centre

